



Mastermind Group Meeting Format

Mastermind groups have been around for centuries. The idea is to get a group of like-minded people together to help further one another's goals on a group basis. The ideal size is six people with diverse skill sets. This document shares a typical format for a 1 hour mastermind meeting.

Format

Mastermind groups can be held twice monthly or monthly, virtually or live in person. This format assumes the Mastermind is held virtually weekly using online conferencing software like **Google Hangouts**. It's important that everyone starts on time. A single hour goes by very quickly!

- 5 Minutes - News and welcome
- 15 Minutes - Roundrobin
 - Each member shares in round robin style:
 - Goals for the last week
 - Goals met
 - Goals not met
- 25 Minutes - Hotseat

One member of the group is the focus for a week. A different person is chosen the next week. The Hotseat person explains in detail:

 - their origins of their business
 - current challenges in their business
 - long term goals in their business

Group members will ask questions, provide clarity, offer solutions, brainstorm alternatives, and accountability
- 10 Minutes - Commitments

In round robin style, each member commits

 - to a set of goals
 - goals are to be met by the next meeting
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- 5 Minutes - Housekeeping for the next meeting

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